

Alisa Niquel



Surf Team

Dear Parent/Guardian,

Your son/daughter has expressed interest in the 2009-10 Surf Team Program. Tryouts will begin September 11th at 6:15am at Salt Creek and continue for two weeks on Monday & Wednesday mornings. Team roster: 16 shortboarders (boys), 6 longboarders (boys), 6 shortboarders (girls), 6 longboarders (girls), and 6 bodyboarders. Surf Season goes from September to March.

Requirements for students wishing to tryout:

- School District's Physical & Athletic Clearance Form (must be completed each year - good for any all sports during school year). May not tryout if form is not turned in.
- CUSD Off Campus Activity/Class Transportation Waiver Agreement
- CISF Hold Harmless Form
- Pass a pool swim test September 9th or 11th (200yds in 5 minutes)
- \$5 fee per tryout to cover cost of judges

Students making the team must also complete/participate in the following:

- Surf Team Code of Honor Form & all other forms
- Spirit Pack, \$170 (includes team shirt, team sweatshirt, surf jersey, assistant coach's stipend, miscellaneous food & beverages for contests, parking fees and any special judging or contest fees) due Monday, September 21st or one week following the announcement of making the team (advertising signs (\$300 each) for gymnasium or stadium may be secured instead of spirit pack fee). An additional banner may be secured instead of the fund-raisers.
- 8 hours of volunteer work at local beaches. Current membership in a beach/ocean conservation club such as 'Surfrider Foundation' or 'Doheny Longboard Club' will substitute for volunteer hours.
- State Finals if team earns a spot (usually in March on a Sunday)
- Surf Team Awards Banquet

Looking forward to a safe, fun and rewarding surf season.
It's great to be a WaveRiding Wolverine !!

Wayne Westling (wawestling@capousd.org)
Head Varsity Surf Coach